

CHARLIE KUBLY

## OUR MISSION

The Charles E. Kubly Foundation seeks to better the lives of those affected by depression by increasing awareness of the disease and its devastating effects, eliminating the stigma associated with it, supporting suicide prevention programs and promoting improved access to quality mental health resources within communities.

# THE CHARLES E. KUBLY FOUNDATION

WWW.CHARLESEKUBLYFOUNDATION.ORG

A long time ago, one of my best friends took his own life. Fast forward 30 years and I was confronted by a series of deaths by suicide of current and former students as the Superintendent of the Elmbrook Schools. In response to these unthinkable tragedies, we formed a coalition of passionate educators, students, parents and community members who were resolved to take action and prioritize the mental health needs of our students and community.

Our high schools, Brookfield Central and Brookfield East, established Wisconsin's first two HOPE Squad chapters, a national peer-to-peer suicide prevention program. More often than adults, kids in crises talk to kids and having trained students who know when and how to get help is vital for the wellbeing of the student in crisis and the peer. The impact of our high school programs have inspired HOPE Squad chapters across the state, including our two middle schools. Additionally, Hope Squad members from our high schools were instrumental in helping pass Wisconsin Act 83 which provides funding support for peer-to-peer programs in Wisconsin schools.

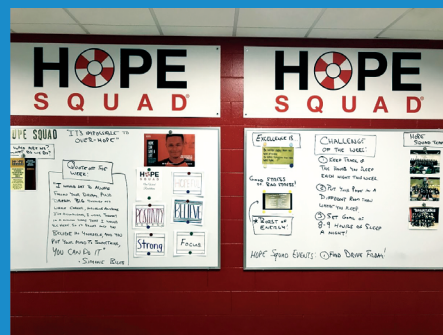


The de-stigmatization of mental health education for students and staff has been our greatest challenge, but one we have wholeheartedly embraced. Efforts have included new curriculum and resources, staff training, school assemblies, parent communication, no-homework school calendar breaks, and prioritizing mental health resource needs during our budget process. Often overlooked, we have been intentional in our messaging to staff about their own mental health needs, as we know the difficulties of caring for others if we do not take care of ourselves.

Finally, we have expanded our approach to analyzing real-time student achievement data. What traditionally has yielded targeted academic interventions now could result in a mental health assessment or check-in as a possible response to a decline in academic performance. Additionally, by providing on-site resources, support groups, and by establishing a network of expert community providers we are able to help students address their mental health needs so that they can be at their best in the classroom.

Every day I have the opportunity to walk the halls of our schools and know why the work that we do matters. Thank you to the Kubly Foundation's network of resources for your shared commitment to meeting the needs of our students and communities - your work is truly life-saving.

Mark Hansen, Superintendent  
Board Member, CEKF



## WINTER 2024

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# BEYOND THE BLUES 2023 RECAP!

## 20 Years of Beyond the Blues!

The CEKF is so proud to reflect on our 20th anniversary Beyond the Blues fundraiser. The event, held at Discovery World Pier Wisconsin, was our most successful to date raising just over \$270,000! We thank our very generous sponsors, Blues Backers, other donors and attendees for making this a remarkable year for us. We truly couldn't do it without all of you!

Beyond the Blues is our signature fundraiser. This year's event featured music by Phil Norby, delicious casual dining prepared by Bartolotta Catering, a raffle along with live and filmed reflections by Billie Kubly, Linda Lundeen, Kris Rick, Molly Fritz, Meg Kasch and Dr. Jon Lehrmann. We thank those who donated to make the raffle a huge success! Our beautiful Milwaukee lakefront is the backdrop that always adds to the ambiance of the evening.

Mark your calendars for next year's event to be held at [Discovery World Pier Wisconsin on Friday, September 20th](#). Sponsorship details forthcoming.

We can't wait to see you there!



SCAN AND ENJOY OUR 20TH ANNIVERSARY VIDEOS!



DONOR VIDEO



YLC VIDEO



GENERAL VIDEO

# THANK YOU BEYOND THE BLUES 2023 SPONSORS

**THANK YOU** to our 20th Anniversary Beyond the Blues sponsors. Sponsorship is the backbone of our annual fundraising event. We are so grateful to those listed below who made this event the success that was!

## SAPPHIRE LEVEL – \$20,000

Christine & Peter Drake  
Meg Fetherston Kasch & Libby Kasch  
Billie Kubly  
Gail & Jeff Yabuki – The Yabuki Family Foundation

## AQUA LEVEL – \$10,000

William & Sandy Heitz Family Foundation  
Michael Schmitz

## TEAL LEVEL – \$5,000

Continental Properties Company, Inc.  
Charles T. & Jean F. Gorham Fund of the Oshkosh Area Community Foundation  
The Hauske Family Foundation  
Cathy & Paul Lubber  
Rite Hite Foundation  
Rogers Behavioral Health  
Kate & John Wasmer  
The Sarah & Michael Weiss Family

## TURQUOISE LEVEL – \$2,500

Milwaukee Admirals/Anon Charitable Trust  
Lisa & Souheil Badran  
The Bourne Family

Crescent Grove Advisors  
David Michael Darrow Memorial Fund/  
Greater Milwaukee Foundation  
Nancy & John Dickens/Godfrey & Kahn, S.C.  
Executive Benefits Network – David & Molly Fritz  
Ellen & Richard Glaisner  
Ann M. Goris  
Sally & Chip Kubly  
Marquette University College of Health Sciences  
Bill & Catherine Perez  
Waukesha County Community Foundation/Laura M. Gralton Charitable Fund  
Angela & Ross Williams in memory of Charlie Kubly

## NAVY LEVEL – \$1,000

Anonymous (2)  
Gwen & Dan Armbrust  
The Bartolotta Restaurants  
Kerry & John Bolger  
Suzy & John Brennan  
Elizabeth & Andrew Bruce  
Kathleen & Jim Caragher  
Kristine Cleary, Cleary-Kumm Foundation  
Jose Carlino Design  
Thayre Faust & Friends in memory of Sam Vertelka  
Anna & George Gaspar  
Patty & Mike Grebe  
Hammes Family Foundation

Susan & Lee Jennings  
Mary & Ted Kellner  
Stacey & John Koss  
Mary Ann & Charles LaBahn  
Mary S. Lillydahl  
Katie & Mark Mohr  
Candy & Bruce Pindyck  
Jennifer & Mitchell Prosk  
Peggy & Ned Purtell  
Pam & Robert Reily  
Peggy & Bob Schuemann  
Nancy & Greg Smith  
Julianne & Stephen Spadafora  
Jennifer & Joseph Teglia  
Kathleen & Frank Thometz  
Debbie & Camp Van Dyke  
Ellen & Bob Venable  
Brooke & Robert Walker  
Mary & Willard Walker  
Diane & Ed Zore

## DENIM LEVEL – \$500

Ace Enterprises  
Amy Argall  
Anonymous  
Aversa for Her – Bayshore  
Bank Five Nine  
Sally & Peter Blommer  
Ginny Bolger  
Deanna Braeger  
Maripat & Tom Dalum  
Sue & Russ Darrow  
Molly & Charlie Dixon  
Boots & Dick Fischer

Liz & Rick Gebhardt  
The Grebe Family  
Marilyn Haker  
Libby & Bill Hansen  
Sharon & Don Hansen  
Diane & Bob Jenkins  
Jayne J. Jordan  
Susan Kasten  
Evelyn Kelly  
Julie & John Kennedy  
Maryglen & Rob Kieckhefer  
Lori Kilian in memory of Debbie Thom  
Marlene & John Kreilkamp  
Barbie & Ray Krueger  
LFF Foundation  
Linda & Curt Lundeen  
MCW Department of Psychiatry & Behavioral Medicine  
Laurie & P. Michael Mahoney  
Debbie & John McGregor  
Linda & John Mellowes  
Kristin & Kerry Rick  
Kris & Robert Rick  
Mary & John Rickmeier  
Julie & Mason Ross  
Jen & Todd Schoon  
Patty & Peter Schuyler  
Barbie Sullivan  
Mary & Scott Sullivan  
Bonnie & Ned Timarac  
Betsy Trimble  
Barbara & Bob Whealon  
Abby & Scott Williams  
Sunny & Sandy Williams  
Amy & Devin Wolf

**We thank those who donated \$100 up to \$500 as a Blues Backer for our 20th anniversary Beyond the Blues event. These contributions made a huge impact on the bottom line of this fundraiser – THANK YOU!**

*We apologize in advance for any unintentional omission from these lists; please contact us if you feel there should be a correction, thank you.*

Tory & Mike Armitage  
Baird Foundation  
Vicki & Michael Banaszak  
Barbara Cota Bartholin  
Ann L. Becker  
Julia & Mark Birmingham  
Suzanne & Doug Boeckmann  
Ridge Braunschweig  
Traci & Alan Brown  
Mr. Karl Burns  
Gretchen & Bill Burns  
Nancy C. & William S. Carpenter  
Christine & Stanley Cloninger  
Barbara Damm  
Gordon Davidson Family  
Samantha & Stephane Dermond  
Barbara & Ken Donner

Katrina V. Dzierzanowski  
Christiane Endres  
June Ehn  
Mary Evans  
Barb Faude  
Tanja & Tom Felton  
Richard Fritz  
Mary Fuda  
Sue & Brad Gador  
Cynthia & Jeffery Garland  
Wendy & Thomas Gebhardt  
Beverly & Abe Goldberg  
Kate & Perry Gould  
Mike Halloran  
Susan & Phil Henselin  
Julie Jaeggi  
Mary & Mike Jordan

Tina & Rick Karnes  
Kipp Koester  
Mary & Jon Lehrmann  
Janice & Ben Levy  
Elizabeth & Tom Long  
The Mahoney Family  
Paul McBride  
Harriette F. Myers  
Julie & Patrick Olson  
Ruth & Bruce Peterson  
Schauer Family Foundation  
Drs. Karen & Terence Schmahl  
Michele & Rickard Seesel  
Suzanne L. Selig  
The John Sheehan Family  
Steven C. Smiley  
Kate & Jim Sponholz

Lisa Stahl  
Tracy & Tom Tavolier  
Trish & Joseph Ullrich  
Janice & Dennis Waisman  
Brenda & Tom Walker  
Nancy Weas  
Nan & Jerry Welch  
Barb & Bob Whealon  
Jennifer & Patrick White  
Jeanette Zevallos-Zelazoski

# CHRISTIAN FAMILY SOLUTIONS



The City of Milwaukee is struggling with an increase in violence, crime, social unrest, and substance abuse, and as a result, trauma-related mental health issues among its youth. However, mental health care is not readily accessible to many local youth due to a shortage of providers in the area, financial constraints, and the stigma associated with mental illness. The STRONG Milwaukee Center is the only day treatment program in the central city of Milwaukee that serves children younger than 9 years of age. STRONG serves youth with significant mental health disorders that are affecting their behavior, interactions with others, and ability to learn and grow.

At STRONG, we use an evidence-based practice called Trust Based Relational Intervention (TBRI), developed by the Karyn Purvis Institute of Child Development at Texas Christian University. TBRI is an attachment-based, neurological intervention designed to meet the complex needs of children who have experienced adversity, early harm, toxic stress, and/or trauma.



The TBRI Model pays particular attention to the child's background to identify best strategies for increasing healthy attachment patterns, which in turn improves behavioral outcomes.



Dr. Ashley Schoof is the Senior Clinical Director of Child and Adolescent Day Treatment Programming at Christian Family Solutions

**Connecting:** TBRI engages the entire treatment team - mental health professionals, parents/guardians, and teachers - into the process of **connecting** with the child (a trust-building, attachment-healing process).

**Empowering:** Once a connection is established, the focus shifts to **empowering** the child (gaining confidence in leaning on trusted adults for assistance while gaining confidence in their own abilities).

**Correcting:** After connecting and empowering have established newer, healthier neuropathways, **correcting** principles are introduced to help disarm fear-based behavior.

We introduced the TBRI model to STRONG in 2020 and because of the overwhelmingly positive outcomes, we are working to share the model with other child-serving agencies. We present TBRI at schools and professional organizations throughout the state.

Thanks to a grant from the Charles E. Kubly Foundation, we are now able to offer TBRI classes to parents and caregivers of students in our STRONG program. Through these classes, we work to strengthen relationships and help families develop the skills needed to help their children heal.

The results of TBRI are long-lasting and generational. Helping a child become more emotionally and behaviorally stable today means they can stay in school, function within their households, and have better hope for a healthy, balanced future.

# PROJECTS FUNDED - FALL 2023

## THE CHARLES E. KUBLY FOUNDATION PROUDLY SUPPORTS THE FOLLOWING PROJECTS:

### ASCENSION WISCONSIN FOUNDATION

Educational and working retreat for Ascension Oncology Social Workers to discuss trauma related resources, self-care resources, and social work definition and measures/productivity.

### CENTER FOR SUICIDE AWARENESS

Resilience training for Police Officers and First Responders.

### EDGEWOOD COLLEGE

3 year grant to implement JED Campus programming guided by The JED Foundation.

### ERIKA'S LIGHTHOUSE

Funding for a new and updated Teen Toolbox website allowing teens to access reliable and accurate information about mental health and resources.

### GREAT LAKES DRYHOOTCH

Funding for collaboration with the Medical College of Wisconsin to create a "train the trainer" peer support program for Veterans and the Quick Reaction Force (QRF) and Opioid Use Disorder Prevention (OUDP).

### JORDAN PORCO FOUNDATION

Fresh Check Days programming at 4 Wisconsin colleges – Lakeland University (main campus and Sheboygan campus), University of Wisconsin – Stout and Beloit College.

### KRADWELL SCHOOL

Zen Den for Kradwell students' self regulation. A low stimulation area for students to reset, rewind, reflect and renew.

### OZAUKEE FAMILY SERVICES

Support of expanded youth mental health programs which include direct services, education and support for youth ages 5-18 living in Ozaukee County, WI.

### RACINE FRIENDSHIP CLUBHOUSE

Funding for a Wellness Recovery Action Workshop (WRAP).

### SEEDS OF HEALTH, INC.

A grant to enhance school based mental health through training, consultation and stigma reduction.

### SHELTER IN THE STORM

Green Bay Southwest High School student-led podcast to discuss mental health topics with resources and clinical guidance.

### SIXTEENTH STREET COMMUNITY HEALTH CENTERS

Cultural training bootcamp: Fortifying behavioral health providers with the tools they need to bring meaningful change to the community through culturally sensitive mental health education and resources.

### UNIVERSITY OF WISCONSIN - MADISON - UNIVERSITY HEALTH SERVICES

Togetherall pilot implemented on campus for one year. Togetherall is a 24/7, clinically moderated, online peer-to-peer support community..

### UWM FOUNDATION

Lubar Entrepreneurship Center Charles E. Kubly Wellness Fellows phase 2. Peer support training and wellness/mindfulness materials developed to support full campus awareness and support of mental health.



THE CHARLES E. KUBLY  
NEWSLETTER AND WEBSITE  
DEVELOPMENT IS FACILITATED BY  
FORESITE GROUP, LLC.

BRAND • SOCIAL • WEB • DESIGN

FORESITEGRP.COM

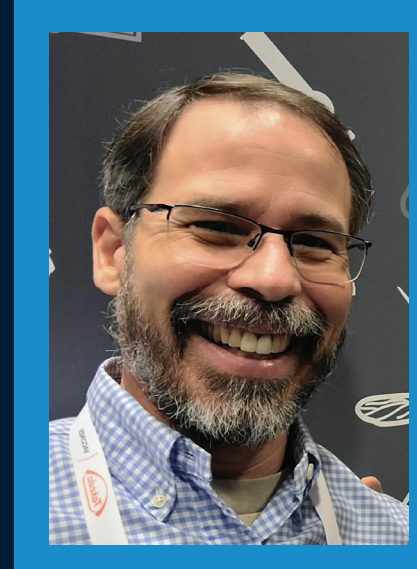
# INTRODUCING NEW BOARD MEMBERS

## DEAN KNAUSS

Over my almost 40 years of government service, I have served in major conflicts in Iraq, Afghanistan, and Kosovo. I have also served in Germany, South Korea, and many other locations abroad, as well as many state and federal missions state side. These missions ranged from directing artillery, arranging security and logistics to teaching Coalition and US forces as well as disaster relief management. Now as a contractor with the Mission Command Training Program (MCTP), I train soldiers deploying for overseas missions.

In this role, I have responsibility to help manage and participate in five to ten World Class Opposition Force (OPFOR) classified War fighter Exercises annually. Each exercise has a minimum budget of 10 million dollars. We train tens of thousands of soldiers a year. Also my past experience in disaster relief operations with the 35th Infantry Division as a Liaison Officer with the National Guard Bureau for Disaster Assistance Response Team (DART) West prepared me to interface with local authorities to provide assistance for disasters. I participated and led relief efforts for Hurricane Katrina in 2015 and several other events over the last three decades. After retiring from active duty military service, I worked for the city of Mequon as an Emergency Medical Technician (EMT).

My experience in training professionals in and out of the armed forces provides me a unique perspective in resilience. Serving in these high-stress fields has been rewarding and challenging. I would like to share my experience and perspective on suicide-prevention and resiliency strategies as well as my budget and grant management proficiency with the Charles E. Kubly Foundation.



## NICK HENGST

Nick Hengst was named Sr. Manager – Investor Relations & Internal Reporting at ManpowerGroup in February 2023. Since his appointment, he has progressively taken on increased responsibilities and is now responsible for overseeing all investor relations activities alongside the Global CEO and CFO. He also oversees the Global Internal Reporting function, which includes oversight of all C-suite, Executive and BOD reporting and related financial analysis, and is heavily involved in all public financial filings as well as all quarterly earnings release activities for the company.

Nick is also directly involved in all merger, acquisition and disposition activity for the Global enterprise.

Since joining ManpowerGroup in 2014, Nick has excelled in multiple roles within the global finance organization and has led projects and advanced strategic initiatives across the Financial Reporting, FP&A and Global Treasury departments.

Nick is a graduate of Northwestern College and holds bachelor's degrees in both finance and accounting. He is a native of Cedarburg, Wisconsin and currently lives in the area with his wife.

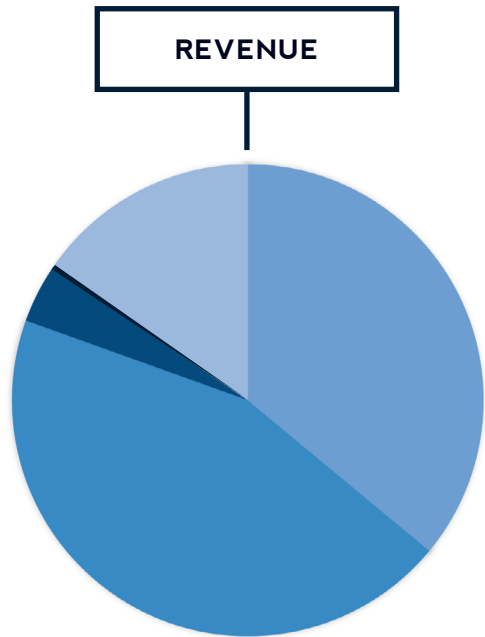
Nick's financial acumen will serve The CEKF in his role as our Treasurer.



# THE CHARLES E. KUBLY FOUNDATION

## ANNUAL FINANCIAL REPORT

### FY MARCH 2021 - FEBRUARY 2022

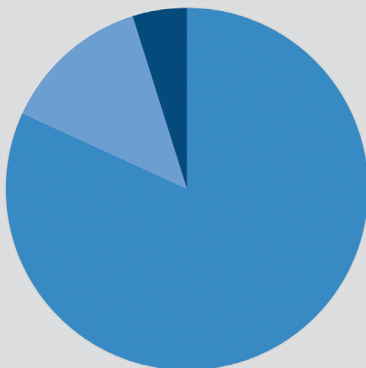


TOTAL REVENUE:  
**\$365,403**

■ Beyond the Blues	\$190,534
■ Contributions	\$235,282
■ Other Events	\$21,336
■ Interest Income	\$100
■ Investment Return	\$81,849

### EXPENSES

TOTAL REVENUE:  
**\$461,402**



■ Program Services	\$377,618
■ Core Activities	\$61,394
■ Mission Advancement	\$22,390

### CEFK BY THE NUMBERS

ENDOWMENT RESERVE  
**\$1 MILLION**

CUMULATIVE GRANT DOLLARS GIVEN  
**\$3.8 MILLION**

GRANTS FUNDED  
SINCE INCEPTION  
**427**

FY 2021-22 DONATIONS RECORDED  
**664**

BOARD OF DIRECTORS  
**11**

YOUNG LEADER COUNCIL MEMBERS  
**11**

# THE CHARLES E. KUBLY FOUNDATION

A public charity devoted to improving the lives of  
those with depression

The Charles E. Kubly Foundation  
1341 W. Mequon Road  
Suite 220  
Mequon, WI 53092



## BOARD OF DIRECTORS

Linda L. Lundeen, President  
Lori R. Kilian, Vice President  
Nick Hengst, Treasurer  
Lily Kubly, Secretary  
Thayre Faust  
Molly Kubly Fritz, Past President  
Mark Hansen, PhD  
Meg Fetherston Kasch  
Evelyn Kelly  
Rosa Kim, MD  
Dean Knauss  
Billie Kubly, Honorary Board Member

## STAFF

Kris Rick, Executive Director

SAVE THE DATE

# BEYOND THE BLUES 2024

FRIDAY, SEPTEMBER 20TH, 2024

At Discovery World Pier Wisconsin

A Charles E. Kubly Foundation Event - [www.beyondtheblues.org](http://www.beyondtheblues.org)